

ENG

Pregnant...

migrant...
and

don't speak french?

Pregnant IN GENEVA

Preparation for birth

WITH MIDWIVES
AND TRANSLATORS

in Geneva and in Vernier

Free of charge!



Pregnant IN GENEVA

L'ARCADE SAGES-FEMMES

(organisation of midwives) offers 3 sessions of antenatal classes (preparation for birth) translated into your language by local interpreters.

PREPARATION FOR BIRTH

Information on pregnancy, childbirth and the first days with baby delivered by a midwife

Discussions between midwives and future mothers

Answers to your questions

Exercises

**FREE OF
CHARGE!**

**Reimbursed by basic
health insurance. Mums
without insurance are
also welcomed.**



HOW TO PARTICIPATE

- 1** Contact Arcade sages-femmes:
T + 41 22 329 05 75
✉ info@arcadesf.ch
- 2** The interpreter will inform you of the date and place of the sessions.

WHERE ?

in Vernier



**Av. des Libellules 12^{bis}
1219 Le Lignon**

• Bus → *Avenue de l'Ain*

22 23 28
51

• Bus → *Usine à gaz*

51 9



in Geneva



**Bvd Carl-Vogt 85
1205 Genève**

• Tram → *Uni Mail*

15 17

• Bus → *Plainpalais*

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www.arcade-sages-femmes.ch

avec le soutien de la République et canton de Genève